

Fort Worth Runners Club Area Race Calendar

Races outside DFW area in DARK RED.

March 1/2 – Saturday/Sunday

THE TEXAS INDEPENDENCE RELAY

200 miles – 40 relay legs. Follow the route of Sam Houston's Texian Army (Starts at Gonzales, ends in Houston).

Run Texas with your friends!

<http://www.TexasIndependenceRelay.com>



March 1 – Saturday

RAIDER RUN 5K 8:00 AM. Foster Park, Fort Worth. <http://www.fwrunco.com> or 817-731-1760

Benefits: *SHS Mirage, drug-free / alcohol-free graduation event*

3RD ANNUAL TEXAN TRAIL RUN 5K / 1 MILE 8:30 AM. Mary Moore Elementary School, 5500 Park Spring Blvd, Arlington, TX. 682-867-8900 or pdefilip@aisd.net. <http://www.aisd.net/moore> (click on the TTR button) Benefits: *funds for a community track at Mary Moore Elementary.*

DRC TAL MORRISON CLASSIC 15K/5K 8:00 AM. Winfrey Point, White Rock Lake, Dallas.

<http://www.dallasrunningclub.com> or 214-432-6619

CONOCOPHILLIPS RODEO RUN 10K/5K 9:40 AM. Texas & Smith, Houston.

<http://www.conocorodeorun.com> or 214-293-2447

TEXAN TRAIL RUN 5K/1M 8:30 AM Mary Moore Elementary School, 5500 Park Springs Blvd, Arlington. 682-867-8900 www.aisd.net Benefits funds for a community track at Mary Moore Elementary.

March 2 – Sunday

BURLESON RUNNERS BACK TO BASICS 5K/ KIDS' 1K 4:00 PM. Burleson Community Center. 817-496-3734.

14TH ANNUAL "A-OK" 50K/ 25K 7:00 AM. Near Atoka, OK. 972-424-7844 or mamiller100@verizon.net.

LITTLE ROCK MARATHON/ HALF/ 4-p RELAY/ 5K Fun R/W 7:45 AM. Little Rock, AR.

www.littlerockmarathon.com

22nd LOS ANGELES MARATHON / 5K. 9:00 AM Los Angeles, CA. (310)444-5544 /

www.lamarathon.com.

NAPA VALLEY MARATHON 7:00 AM. Napa, California. <http://www.napavalley-marathon.org/>

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SARASOTA MARATHON 6:00 AM. Sarasota, FL. <http://www.sarasotamarathon.com/index.cfm>

March 5 – Wednesday

9th ANTARCTICA (THE LAST) MARATHON / HALF 9:00 AM. King George Island, ANTARCTICA. 800-444-4097 or www.marathontour.com

March 8 – Saturday

LARRY YEAGLE TRAIL MARATHON Marathon/10-mile/5K Lincoln Parish Pk, Ruston, LA. 8:00 AM larryyeagletrailmarathon@hotmail.com or call Aubrey Hogan at 318-237-6566.

ROCK N RELAYS 8:00AM Winfrey Point, Dallas, TX. <http://www.rocknrelays.com>

THE PANTHER RUN 5K/ 1M 8:00 AM. Dallas Park Elem, 8700 Viridian, Ft Worth. 817-292-9406 or www.crowley.k12.tx.us/campuses/dp/index.php

ANNUAL I. C. CRUSADERS RUN FOR EDUCATION 5K/ 1K R/W 9:00 AM. Lone Star Park, Grand Prairie. 972-262-4408 or ardenplattner@sbcglobal.net

RHS EXCELLENCE IN ED “TRIPLE CROWN YEAR” RUN 5K 8:30 AM. Richardson HS, 1250 W Beltline, Richardson. 972-991-5167 or www.rhs5k.com

LADY OF THE LAKE RELAYS 18 MILE 8:00 AM. Winfrey Point, White Rock Lake, Dallas. (972)235-2513 or www.rocknrelays.com

EASTER SEALS WALK WITH ME 5K Walk 9:00 AM. LaGrave Field, Fort Worth.

EASTER SEALS WALK WITH ME 5K Walk 9:00 AM. Bachman Lake, Dallas. (817)759-7908 or www.walkwithme.org

THE PANTHER RUN 5K / 1 MILE. 8:00AM. Dallas Park Elementary, 8700 Viridian Lane, Fort Worth, TX 76123. www.runtimeracingservices.com

DRC TRINITY RIVER LEVEE RUN 10K 8:00 AM Trammel Crow Park, Dallas. 214-432-6619 www.dallasrunningclub.com

ECO-LONESTAR ADVENTURE RACE 2-4Hrs/8-12Hrs 7:00 AM Marble Falls. 972-966-1300 262-4408

March 9 – Sunday



FWRC LUCKY 7, 7 MILE RUN 8:00 AM. River Park Plaza parking lot, 1701 River Run, Fort Worth (Across from University Village Shopping Center). <http://www.fwrunners.org>

VALLEY OF THE SUN HALF / 4-p RELAY/ 1K 6:15 AM. Mesa, AZ. 480-358-0488 or www.ValleyOfTheSunMarathon.com

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March 11 – Tuesday

PLANO PACERS PREDICTION RACE 5K 7:00 PM. Schimelpfenig Library, 5024 Custer, Plano. 972-967-7223 or www.planopacers.org

March 15 – Saturday

HOPE RIVER RUN Cross Country 8K 1750 Beach St, Fort Worth. <http://www.hoperiverrun.com/>

THE 'MS' WALK 5K 9:00 AM. Bergfeld Park, Tyler. 800-344-4867 / 214-373-1400 or www.walkmstexas.org

ST. PADDY'S DAY DASH DOWN GREENVILLE 5K 8:30 AM Two Rows Restaurant & Brewery, 5500 Greenville, Dallas. 214-821-0909 www.runontexas.com

BUNNY HOP 5K/1K 8:00 AM Stonebridge Beach Club, 6203 Virginia Pkwy, McKinney. 214-726-9886 www.active.com

March 16 – Sunday

SEABROOK LUCKY TRAILS MARATHON/ HALF/ 4-p RELAY 7:15 AM. Seabrook, TX. www.seabrookmarathon.org

SHAMROCK MARATHON 7:00 AM. Virginia Beach, VA. <http://www.shamrockmarathon.com/site3.aspx>

BIG ISLAND INTERNATIONAL MARATHON Hilo, HI. <http://www.hilomarathon.org/>

March 22 – Saturday

BUNNY BOOGIE FUN RUN 5K Run/Walk 8:30 AM. Trinity Trail at Trinity Park Art Pavilion #3, near Crestline & Trinity Park Dr, Trinity Park, Fort Worth. \$8/\$10 by 3/19 + canned foods & non-perishables for SafeHaven of Tarrant County. 817-265-4578 or jephaa@yahoo.com . www.active.com

DRC TRINITY RIVER LEVEE RUN 10K R/W 8:00 AM. Trammell Crow Park at Sylvan Avenue, Dallas. 214-432-6619 www.active.com

THE GRASSLANDS RUN TRAIL 50 MILE / MARATHON / HALF 7:00 AM. LBJ Natural Grasslands, near Decatur, TX. www.nttr.org

BORDEN UPTOWN RUN AND TROLLEY WALK 5K / KID'S K. 8AM. Morton Meyerson Symphony Center. Dallas, TX. <http://www.uptownrun.org/> Benefits: 100% towards Special Olympics Texas.

SON RISE RUN 5K/1M 8:00 AM Cross Bend Christian Church, 901 Cross Bend Road Plano. 972-424-0814

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March 25 – Tuesday

TCRC PREDICTION RUN 5K 7:00 PM. Five Star complex, 4100 Blair Oaks, The Colony. FREE.
www.tcroadrunners.org

March 28 – Friday

RELAY FOR LIFE RUNNING/WALKING 7:30 PM. Katherine Rose Park, Mansfield. Teams. (817)737-9990 or www.cancer.org.

GREAT STRIDES WALKATHON 5K 5:30 PM. Bear Creek Park, 400 Bear Creek Rd, Keller. (214)871-2222

March 29 – Saturday

HEART OF HEATH 5K 8:30 AM. Heath City Hall, 200 Laurence Drive, Heath, TX. (972)754-4844 / www.heathtx.com

11th ANNUAL JOE'S RUN 5K 8:00 AM. Hemphill St near South Side in the Hospital district, Ft Worth. 817-424-8838 or www.joes-run.com

H.A.N.K. (Hank Nava Mem) RUN 4 MILE / 1M 8:30 AM. River Ranch on 23rd, Ft Worth. 817-229-7903 or www.H-A-N-K.org Benefits: *HANK Foundation for families of Tarrant County police officers killed in the line of duty.*

THE 'MS' "RUN FOR HOPE" 5K Run/Walk 8:00 AM. Addison Circle Park, Addison. 214-373-1400 or www.walkmstexas.org

BUTTERFLY BOOGIE 10K / 5K 8:00 AM. Reverchon Park, 3505 Maple Ave., Dallas. 214-354-5552 or www.active.com

AZALEA 10K / 2 MILE / 50 yd DASH 7:45 AM. Bergfeld Park, Tyler. 972-235-2513 or www.tylerazalea10K.com

PLANO PACERS SPRING MARCH 10K / 5K / 1K 8:00 AM. Harrington Park, 16th & 75. Plano, 972-967-7223) or www.planopacers.org

MARCH FOR RESPECT 1MILE Walk 9:00 AM. West End, Dallas. Arc of Dallas 214-634-9810 or www.marchforrespect.org

BEARATHON HALF MARATHON 8:00 AM. 5th St, Baylor Campus, Waco. 254-710-3497 or <http://www.baylor.edu/studentfoundation>

WaterCan WALK FOR WATER 6K 9:00 AM. Sherman, TX. 613-230-5182, info@watercan.com or www.watercan.com.

WIREFLY NATIONAL MARATHON 7:00 AM. Washington D.C. <http://www.nationalmarathon.com/>
ELLERBE SPRINGS MARATHON Ellerbe, NC. [Http://www.mangumtc.org/](http://www.mangumtc.org/)

LISA PRITCHARD MEMORIAL RUN 5K/1M 8:00 AM Willaims Square, O'Connor and Los Colinas Blvd, Irving. 972-868-3297 www.runtimeracingservices.com

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JOE'S RUN 5K 8:00 AM Hemphill St near South Side in the Hospital district, Ft Worth. 817-424-8838
www.joes-run.com. **New Location**



MUD RUN CHALLENGE

NOON

Trinity River Trail, behind Fort Worth Cats LaGrave Field, Fort Worth, TX.

<http://www.mudrundfw.com/index.html>

March 28/29 – Friday / Saturday

SUNRISE TO SUNSET RELAY 170-miles. Jensen Beach to Downtown Ft Myers district. Part of proceeds benefit American Cancer Society. Contact Mathew Ringer at 239-222-9138 or <http://www.sunrise2sunsetrelay.com>

March 30 – Monday

CARROLLTON RUNNERS 5K / 1 MILE 7:30 AM. McInnish Park, Carrollton. Andy McLaughlin (972)245-3341

THE 'MS' WALK 5K Run/Walk / 5K Walk 3:00 PM. Stockyards Station, Fort Worth. 817)306-7003 or www.walkmstexas.org

31st CAPITOL 10,000(m) or 10K 8:30 AM. Congress & Barton Springs Rd, Austin. (512)445-3598 or www.statesman.com/cap10k

ING GEORGIA MARATHON 7:00 AM. Atlanta, GA. <http://www.inggeorgiamarathon.com/site3.aspx>

OCEAN DRIVE MARATHON 9:00 AM. Cape May County, NJ.

<http://www.inggeorgiamarathon.com/site3.aspx>

COVENANT HEALTH KNOXVILLE MARATHON 7:00 AM. Knoxville, TN.

<http://www.knoxvillemarathon.com/home.cfm>

CAMP EAGLE TRAIL RUNS (50 mile, Marathon, 20K, 10K, 5K & 1 mile family Fun Run) 7:00AM Camp Eagle (<http://www.campeagleevents.org>), 6424 Hackberry Rd, Rocksprings, TX 78880.

http://www.active.com/event_detail.cfm?EVENT_ID=1501911&CHECKSSO=0

April 5 -- Saturday

HIT THE BRICKS 5K 8:00 AM Arlington Heights High School, I-30 at Hulen, Fort Worth.
www.runtimeracingservices.com

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DRC FLAPJACK BEST OF TIMES 5M 8:00 AM Winfrey Point, White Rock Lake, Dallas. 214-432-6619
www.dallasrunningclub.org

THE GREAT URBAN RACE Urban Team Race 12:00 Dallas. 800-487-6847

SETON SOLES 5K 8:00 AM St. Elizabeth Ann Seton Church, 2700 W. Spring Creek Pkwy, Plano. 972-596-5505

BROCKETT PRIDE RUN 5K/1M 8:00 AM Brockett Elementary 810 Dove Meadows Dr. Arlington. 817-299-6636

12th ANNUAL FIN, FEATHER & FUR (FFF) RUN 5K / KIDDIE 1 MILE. 9:00AM Legacy Pavilion, River Legacy Parks, 701 NW Green Oaks Blvd, Arlington. C. Nason (817)454-7363 / C. Fielder (817)676-8708. . \$6/\$10 by 4/4. *Benefits Ellis, Sherrod and Larson Elementary Schools.* Every child will be a winner – awarded a ribbon or a medal at the end of the race! A trophy to the school with the most participants.

THE COLT STAMPEDE RUN 5K / 1 MILE 8:00AM Key Elementary School, 3621 Roosevelt, Arlington, \$14/\$16 3/29 (\$10/person by 3/17 for 4+). Carrie Bogard (682)867-5500 / (817)480-7662 / www.aisd.net/key. *Benefits: a variety of school programs, including the school's runners club.*

THE DAM RUN 10K / 5K 9:00AM LLELA, Lewisville. \$15 /\$20 by 4/3. / (972)219-3560 / 219-5061 / www.damrun.com. *Benefits: University of North Texas Recreation & Leisure Studies Society (RLSS), Boys & girls Club.*

SETON SOLES 5K Walk/Run, 8:00AM St. Elizabeth Ann Seton Church, 2700 W Spring Creek Pkwy, Plano. \$18/\$22/\$25 by 3/24 (\$12 for 0-12). (972)596-5505 / www.getmeregistered.com / www.runontexas.com. *Benefits the church's Benevolence Fund for the Office of Peace and Social Justice.*

ST. GREGORY FUN RUN 5K / 1 MILE / KIDS' DASH. 8:00AM T. K. Gorman HS, 1405 ESE Loop 323, Tyler, \$20/\$25 by 3/29. (903)561-2424 / mnemec@tkgorman.net / www.tkgorman.net. *Benefits: the Tyler Catholic School system.*

TAKE THE FIRST STEP 5K/ 1 MILE. 8:00AM Southlake Eureka Park, Denton. (940)349-2922 / betsy.haggard@dentoncounty.com

GREAT URBAN RACE NOON 2-person RACE, Dick's Last Resort, 2211 N Lamar, Dallas. \$49/\$59/\$70 by 3/10. (214)747-0001 / (800)487-6847 / <http://www.greaturbanrace.com>

April 6 – Sunday

BIG D TEXAS MARATHON & HALF MARATHON 7:30AM Fair Park, Dallas, TX.

<http://www.texasmarathon.com>

BURLESON RUNNERS BACK TO BASICS 5K/1K 6:00 PM Burleson Community Center, Burleson. 817-496-3734.

AIDS WALK 3 MILE 2:30PM Run/Walk, Community Arts Ctr - Cultural District, 1300 Gendy, Fort Worth, \$25 + Pledges (Min. of \$25 for a T-shirt). AOC (817)335-1994 x224 / www.firstgiving.com/aocwalk / www.aoc.org. *Benefits programs of the AIDS Outreach Center (AOC).*

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CARLSBAD 5000. 7:00AM Carlsbad, CA. www.eliteracing.com. Age/gender heats. “..World’s fastest certified loop 5K with 16 world records”. Fairly flat course along the Pacific.

32nd Edition PARIS MARATHON, Paris, FRANCE. (800)-444-4097 / www.parismarathon.com.

April 8 -- Tuesday

PLANO PACERS PREDICTION RACE 5K 7:00 PM Schimelpfenig Library, 5024 Custer, Plano. 972-967-PACE www.planopacers.org

April 11 – Friday

DALLAS AREA SENIOR GAMES TRACK. 50m – 1500m, TBD, Dallas. Noon. Ages 50 & over. \$10 to register, then \$5 per event. (214)670-6266.

RELAY FOR LIFE RUNNING/WALKING 6:30PM SMU, Dallas. Teams. (\$10/individ) / (\$25/team) + \$100 min pledge \$12 0700 per person for a T-shirt. (214)819-1200 / www.cancer.org Benefits: *American Cancer Society (ACS)*.

DEAD SEA ULTRA MARATHON 7:00AM 50K / 42K (Marathon)/ 21K (Half)/ 10K, Amman, JORDAN. Run to the lowest point on earth. snpc@nets.com.jo / www.deadseamarathon.com

GEORGE FOREMAN’S KNOCK OUT PEDIATRIC CANCER 5K RUN/WALK. 7PM. Texas Woman’s University Campus in Denton, TX. Presented by Canterbury Episcopal Ministries TWU & UNT. \$20 – Info @: <http://www.KnockOutPediatricCancer.com> or Brian Leavell, bleavell@mail.twu.edu / Ann MacMillan, amacmill@music.unt.edu.

April 12 – Saturday

12th ANNUAL VICTORY OVER VIOLENCE 5K WALK/RUN & 1K FUN RUN 8:00 AM Trinity Park Duck Pond, Seventh & Trinity Road, Fort Worth, TX. <http://www.womenscenter.info> or 817-927-4006. Benefits: *The Anti-violence programs of the The Women’s Center of Tarrant County, serving approximately 100,000 women, men and children annually.*

6th ANNUAL GRANBURY HIGH SCHOOL PROJECT GRADUATION FUN RUN & 5K 7:00AM Registration / 8:30AM Start. 833 Harbor Drive, Granbury, TX. 817-326-5569. Benefits: *GHS drug-free / alcohol-free graduation event.*

BOBCAT BOOGIE 5K/1M 8:00 AM Brentfield Elementary School, 6767 Brentfield, Dallas.

CAMPER SCAMPER 5K/10K 8:30 AM Reverchon Park 3505 Maple Avenue Dallas. 214-360-0056

HAZEL HARVEY PEACE WALK FOR TOMORROW 8:00AM 5K / 1 MILE, I.M. Terrell High School, Fort Worth. \$15/\$5 Adults/Children. (972)274-3879 / (817)733-5293 / Bsanders5539@hotmail.com. Benefits *funds for the Hazel Harvey Peace Scholarship Fund & to promote community enthusiasm and unity.*

MISSION MOZAMBIQUE 5K 8:15AM Link Trail and Mike Lewis Park, Grand Prairie. \$20.

www.stephanieinafrica.wordpress.com. Benefits: *missions in Mozambique.*

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MUDDY MILES 3 MILE RUN, 8:30AM Veterans Park, Arlington. \$15/\$20/\$25 (\$10 * 0-10 & 65+) by 4/5. (817)879-3969 / www.itsabouttime.com. Benefits big brothers & big sisters of Tarrant County.

PLAY TRI 10K / 5K, 7:00AM 5201 N O'Connor Blvd, Las Colinas, Irving. \$18/\$20/\$25 by 3/15. (469)222-0547 / merry@playtri.com / www.playtri.com. Benefits: *American Cancer Society's Walk for Life*.

MARCH OF DIMES MARCH FOR BABIES 9:00AM 4.8 MILES, Bergfeld Park, Tyler. (903)291-1992. Pledges (\$250 for T-shirt & \$15 Foley's Gift Card, etc.). www.marchofdimes.com. Benefits March of Dimes Birth Defects Foundation for healthy babies.

BLOW THE WHISTLE ON ASTHMA WALK 5K, 9:00AM Victory Park, Dallas. Pledges/sponsors -- min. of \$100 for a T-shirt. (214)631-5864 / (800)-LUNG-USA / www.texaslung.org. Benefits: *American Lung Association's asthma programs and education*.

April 13 -- Sunday



FWRC STOCKYARDS RIVER RANCH RUN 5K 8:00AM.
Ranch House, 500 NE 23rd St, The Stockyards, Ft. Worth, TX.
<http://www.fwrunners.org> or 817-654-5390.
Race moved from September to April starting this year.

FLORA LONDON MARATHON, London, UK. (800)-444-4097 / 020-7902-0200 / www.london-marathon.co.uk

April 18 – Friday

RELAY FOR LIFE RUNNING/WALKING, 7:30PM Azle / NE Tarrant County / NW Tarrant County / Saginaw / Weatherford. Teams.

→ 19 0630 \$50/team + \$100 min pledge/ person → T-shirt. (817)737-9990/ www.cancer.org. Benefits: *Am Cancer Soc - ACS*.

RELAY FOR LIFE RUNNING/WALKING, 6:30PM N Dallas / S Dallas / Frisco. Teams. (\$10/individ) / (\$25/team)

→ 19 0700 + \$100 min pledge per person for a T-shirt. (214)819-1200 / www.cancer.org. Benefits: *Am Cancer Soc - ACS*.

TRINITY VALLEY SCHOOL STAMPEDE 5K / 1MILE, 7:00PM Trinity Valley School, Benbrook.
www.runtimeracingservices.com

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April 19 – Saturday

THE ALEDO CHILDRENS ADVOCATS – 3RD ANNUAL RUN. 8:00AM 5K / Kiddy K Fun Run 8:30AM. Aledo BearCat High School Stadium, Aledo, TX. <http://www.aledoadvocats.com>

WELLINGTON ATHLETIC CLUB'S FAMILY FUN RUN 5K / 1 MILE, 8:00AM Wellington Community, Flower Mound. \$20/\$25 by 4/03. USATF-cert 5K. (972)874-8329 / wellingtonfitness@verizon.net / <http://wellingtonhoa.net> (click on Fitness Events). Benefits: *Habitat For Humanity of Denton County.*

LGRAW HOUND DOG HUSTLE 5K / 1 MILE, 8:00AM Oak Grove Park, Grapevine, \$10/\$12/\$15 (LGRAW members/students 0-19/ grps of 5+), \$15/\$17/\$20 (nonmem) by 4/12. Joe Luccioni (817)939-8963/ www.runnersandwalkers.com. Benefits: *Animal Rescue. Dog/vendor expo, local dog group demos.*

UNICEF 5K Run/Walk, 9:00AM E.H. Hereford Univ Ctr, UTA Campus, Arlington. \$10/\$8 Public/UTA-related. (817)501-8039 / 454-0316 / sahil_dua@hotmail.com / <http://signmeup.com/59892> Benefits UNICEF in the battle against AIDS afflicting children worldwide.

<http://www.uta.edu/studentorgs/mavsforunicef/web/home1.html>

BISHOP DUNNE / THE TRIO 5K / 1 MILE 8:00AM Fun Run, Bishop Dunne Catholic School, Dallas. \$15/\$20 by 4/12, \$10 – 5+ students. (214)339-6561 / www.runontexas.com Benefits Bishop Dunne School.

RUN FOR THE HILLS 5K 9:00AM Run / 1.5 Mile Walk, Int'l Museum of Cultures, 7500 W. Camp Wisdom, Dallas 75236, \$15/\$20 (\$10/\$20 – students or grp of 5+) by 4/12. Mary Fae Kamm (972)708-7537/ 708-7406/ www.internationalmuseumofcultures.org. Benefits: the Int'l Museum of Cultures Travis Day Camp & Children's Program.

ESA CANCER AWARENESS DAY 5K / 1 MILE, 8:00AM Lakeside Park, Duncanville, \$15/\$20/\$25 (\$12 for 0- 18) by 4/11. (972)296-9898 / www.runontexas.com Benefits various local cancer projects. \$\$ CASH AWARDS \$\$

MARKET, GET SET, GO 5K / 1 MILE, 8:00AM Dallas Farmers Market, 1010 S. Pearl, Dallas, \$18/\$20/\$25 (\$10 * 0-12) by 4/7. www.dallasdietician.com Benefits: *Fit-For-Me Foundation programs to combat Children's Obesity.*

WONDERGIRL 5K, 9:00AM Andy Brown West Park, Coppell. \$15/\$20/\$25 by 3/31. (972)890-1423 / (972)849-4668 / www.gotrdfw.com Benefits: *Girls On The Run.*

RL TURNER KACIE BREKHUS MEMORIAL TORCH RUN 5K / 1 MILE 8:15AM Family Run, Standridge Stadium, 1330 W. Valwood Pkwy, Carrollton, \$20/\$25 (\$15/\$25 - 1 MI) by 4/13. (972)968-6788 www.runontexas.com Benefits: *CFBISD Special Olympics.*

PIONEER PACE 5K, 8:30AM Hubbard Hall, Texas Woman's University, Denton, \$15/\$20/\$25 by 4/22. (214)597-0798. Benefits: *Our Daily Bread.*

11th ANNUAL ZOO RUN 7AM 10K / 5K / 5K Fun Run / 1 MILE Fun Run, Colonial Parkway, near the Zoo entrance, Fort Worth, \$20/\$25/\$30 (\$18 – 5+) by 4/04. (817)759-7337 / (817)759-7385 / www.fortworthzoo.org Benefits: *the Fort Worth Zoo Education & Conservation Programs.*

MARCH OF DIMES MARCH FOR BABIES 3.5 MILES, 9:00AM Farrington Field, Fort Worth. Pledges. (\$250 for T-shirt & \$15 Foley's Gift Card, etc.). (817)924-9944 / www.marchofdimes.com

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MARCH OF DIMES MARCH FOR BABIES 5 MILES, 9:00AM White Rock Lake, Norbuck Park, Dallas. Pledges. (\$250 for T-shirt & \$15 Foley's Gift Card, etc.). (972)669-3463 / www.marchofdimes.com

WALK LIKE MADD 5K 8:30AM Walk, Williams Square, Las Colinas, Irving. Pledges – recommended goal of \$100. Kim Hanna (214)637-0372 x305 / www.stridesforchange.com Benefits Mothers Against Drunk Driving (MADD).

RELAY FOR LIFE RUNNING/WALKING, NOON Denton. Teams. \$50/team + \$100 min
→ 19 M'Nite pledge per person for a T-shirt. (817)737-9990 / www.cancer.org Benefits American Cancer Society (ACS).

April 20 – Sunday

RISE & SHINE 5K 1:30PM Run/Walk, Reverchon Park, Dallas. \$10/\$5 adults/kids. (214)528-1290 / (214)356-3043 www.lukeslocker.com Benefits The Rise School, quality early childhood services, for kids with Down Syndrome and other special needs kids.

April 21 – Monday

112th BOSTON MARATHON, NOON Hopkinton to Boston, MA. (508)435-6905/ (617)236-1652 / www.bostonmarathon.org (Probable TV coverage (may not be live) on ESPN & ESPN2). Benefits: a variety of MA-based charities.

April 25 – Friday

RELAY FOR LIFE RUNNING/WALKING, 7:30PM Benbrook / Burleson. Teams. \$50/team + \$100 min
→ 26 6:30PM pledge per person for a T-shirt. (817)737-9990 / www.cancer.org. Benefits American Cancer Society (ACS).

RELAY FOR LIFE RUNNING/WALKING, 6:30PM Best SW Cities / McKinney / Plano / Ennis. Teams. (\$10/indiv) / (\$25/team)
→ 26 7:00PM + \$100 min pledge per person for a T-shirt. (214)819-1200 / www.cancer.org. Benefits Am Cancer Soc (ACS).

April 26 – Saturday

TARRANT COUNTY RACE FOR THE CURE 8:00AM. Sundance Square, Downtown Fort Worth, TX. http://www.komentarrant.org/race_for_the_cure.aspx
BE A CHAMPION 5K / 1 MILE 8:00AM Fun Run, Pointe Athletic Club, 811 Yellow Jacket Lane, Rockwall. \$15/\$20 by 4/24 (\$9/\$12 for Fun Run; \$22/\$32 for both races). (972)249-8882 / coachBarrett@mustangstc.com / www.beachampion5k.com/Home_page.php / www.MustangsTC.com

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Refreshments. Vendor booths. Entertainment. It's a part of 2008 SW Assoc. of USATF Grand Prix series. Benefits awareness and participation in USA Track & Field – particularly for youth aged 5 – 18.

MUSTANG STAMPEDE 5K / 1K, 8:30AM Monnig Middle School, 3136 Bigham, Fort Worth. \$15/\$20 by 4/19. (\$12- team of 4+ by 4/14). (817)377-7250 / www.polanskyrunning.com Benefits: *the school's programs.*

SEMINARY STRIDE 5K/ KIDDIE K, 8:00AM (5K course: USATF-cert.), Southwestern Baptist Seminary, Ft Worth, \$12/\$14/\$16 (\$8/\$10- 1K) by 4/12. (817)923-1921 x3952 www.swbts.edu/stride

KIDS CHASE BY THE LAKE 1 MILE / 1/2 MILE, 8:00AM Stewart Creek Park, The Colony. For kids 5 – 11. \$8. A. Sueltz (214)336-3741 / waynemandy@prodigy.net / www.tcroadrunners.org Aims at giving kids in our area a sporting start in life.

RUN THE HIGHLANDS 5K / 1 MILE 8:00AM Family Fun Run, Lake Highlands HS, 9449 Church Rd, Dallas. \$15/\$20/\$25 (\$10 for 3-12) by 4/11. (214)221-9061 / 503-8284/ www.runontexas.com Benefits: *community projects (pond renovation, etc.) in Lake Highlands.*

ZZEBRA RUN 8:30AM 5K Run/Walk, Grandview School, 701 S. 5th, Grandview. \$18/\$20/\$25 by 3/26. (817)487-2897 / dcollette@kalahar.com / www.runningintheusa.com/ZzebraRun Benefits: *ZZ Skipper Jump Rope Team.*

PLANO PACERS SPRING SCAMPER 8K / 3K / JR .7 ML SPRINT, 8:00AM Harrington Park, 16th & 75 (behind Spaghetti warehouse), Plano, \$0/\$5 mem/nonmem. (972)967-PACE (7223) / www.planopacers.org USATF-cert. Courses.

MARCH OF DIMES MARCH FOR BABIES 3 MILES, 8:00AM Indian Springs Park, Waco (254)741-1025. Pledges (\$250 for T-shirt & \$15 Foley's Gift Card, etc.). www.marchofdimes.com Benefits: *March of Dimes Birth Defects Foundation for healthy babies.*

RELAY FOR LIFE RUNNING/WALKING, 7:30PM Coppell. Teams. \$50/team + \$100 min → 27 0630 pledge per person for a T-shirt. (817)737-9990 / www.cancer.org Benefits: *American Cancer Society (ACS).*

TEXAS ROUND-UP 10K/ 5K/ 1 MILE, 8:00AM State Capitol Grounds, Austin. (512)658-4214 / www.texasroundup.org

SKINNYDIPPER SUN RUN 5K, 1:00PM Wildwood Naturist's Resort, Decatur, TX. \$15/\$20 by 4/12 Clothing is optional, but take along a towel. (940)627-5793 / www.skinnydippersunrun.com

CARROLLTON RUNNERS 5K / 1 MILE, 7:30AM McInnish Park, Carrollton, \$6. Andy McLaughlin (972)245-3341.

MUENSTER GERMANFEST 15K / 5K, Main Street, Muenster, \$20/\$25 by 4/20. (940)759-2227 / www.muensterchamber.com Usually hot, but lots of beer post-race!!

8th OKLAHOMA CITY MEMORIAL MARATHON (HALF/ 5-pers MARATHON RELAY / 5K Walk /Kids' Marathon) 6:30AM Oklahoma City, OK. (405)525-4242 / www.okcmarathon.com Benefits: *the Oklahoma City National Memorial Foundation.*

TCRC PREDICTION RUN 5K, 7:00PM Five Star complex, 4100 Blair Oaks, The Colony. FREE. www.tcroadrunners.org

***Fort Worth Runners Club
Area Race Calendar***

DISCLAIMER

This race calendar has been compiled well in advance of the event dates listed from multiple sources. The dates and times are subject to change. The FWRC cannot be held responsible for misinformation. Always check with the contacts listed or stop by your local running store and pick up an entry form.

Please submit race events to jephaa@yahoo.com or the FWRC at fwrcweb@gmail.com