

## *Fort Worth Runners Club Area Race Calendar*

Races outside DFW area in DARK RED.

### **September 1 – Monday**



University Park Village  
1540 S. University Dr, Fort Worth  
6:00 AM – Registration, Packet & Chip Pick-up  
7:15 AM – Kiddie 1K & Toddler ½K  
7:30 AM – 15K Run  
7:45 AM – 5K Run/Walk  
9:30 AM – Awards Ceremony

USATF Certified -- ChampionChip Timed

Register online at [Active.com](http://Active.com)  
Walk-in registration at Luke's Locker FW

1<sup>st</sup> 500 registrants get Technical Shirt

For more info: [www.fwrunners.org](http://www.fwrunners.org)

**LABOR DAY 15K / 5K** – 7:30AM – Bath House, White Rock Lake, Dallas. (214)821-0909 / [www.active.com](http://www.active.com).

**LABOR OF LOVE 10K / 5K** – 8:00AM – McKinney, Stonebridge Ranch, McKinney. (214)726-9886 / [michhudd@sbcglobal.net](mailto:michhudd@sbcglobal.net).

### **September 6 – Saturday**

**SPURON 5K / 1K** – 8:00AM – Glenview Baptist Church, 4805 NE Loop 820, Fort Worth. (817)281-3361 / [www.mercyheart.org](http://www.mercyheart.org)

**COMMUNITIES AGAINST CRIME 5K / 1 MILE** – 9:00AM – River Legacy Parks, Arlington. (817)268-0500 / [fwracedirector@aol.com](mailto:fwracedirector@aol.com)

**RUN FOR RECOVERY 5K Run/Walk** – 8:00AM – City Hall, Farmers Branch. (214)317-2987 / [www.runforrecover.com](http://www.runforrecover.com).

**THE MK5K / 1 MILE** – 8:00AM – The Mary Kay Building, 16251 Dallas Pkwy, Addison. (972)687-5889 / [www.active.com](http://www.active.com).

**DRC BREAKFAST BASH 5 MILE** – 8:00AM – Winfrey Point, White Rock Lake, Dallas. (214)432-6619. <http://www.dallasrunningclub.com/201dir/>

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**27th WORLD AIRLINE ROAD RACE (WARR) 10K / 5K – 9:00AM – Ottawa, CANADA.**  
<http://worldairlineroadrace.org>.

**September 7 – Sunday**

**343 MEMORIAL (STAIR) CLIMB / FIREFIGHTER RELAY COMPETITION – 12:00-4:00PM – Pizza Hut Park, Frisco.** [www.343memorialclimb.com](http://www.343memorialclimb.com)

**September 9 – Tuesday**

**PLANO PACERS PREDICTION RACE 5K – 7:00PM – Schimelpfenig Library, 5024 Custer, Plano.**  
(972)967-7223 / [www.planopacers.org](http://www.planopacers.org).

**September 11 – Thursday**

**FREEDOM RUN 5K / 1 MILE – 6:30PM – American Airlines Center, Dallas.** (972)235-2513/  
[www.freedomrun.com](http://www.freedomrun.com). Benefits The Assist the Officer Foundation and remembers those that suffered on 9/11/2001.

**September 12-13 – Fri-Sat**

**THE 11<sup>TH</sup> ANNUAL COLORADO RELAY CLASSIC (170 MILES) & COLORADO RELAY CENTURY (100 MILES)** <http://www.coloradorelay.com/>

**Teams that include FWRC members will receive \$100 off the registration fee!**

**– Please contact [info@fwrunners.org](mailto:info@fwrunners.org) to receive the discount registration code. –**

The Colorado Relay Classic starts @ Georgetown between 6:00AM & 12:00PM. 24-hr team relay race from Georgetown to Carbondale, CO.

The Colorado Relay Century starts @ Frisco between 6:00PM & 9:00PM. Finish is next day in Carbondale, CO.

**September 13 – Saturday**

**IRVING *symphony league* FUN RUN – 8:00AM – Kiddie 1K / 8:30AM 5K (timed) & 1 MILE walk/run (untimed).** 9:00AM Special Entertainment. Williams Square in Las Colinas, Irving, TX.  
[www.irvingsymphony.com](http://www.irvingsymphony.com) Benefits: The Irving Symphony League.

**RACE FOR THE CHILDREN 5K / 1 MILE – 8:00AM – City Hall, Lewisville.** (214)676-0586 /  
[www.raceforthechildren.com](http://www.raceforthechildren.com).

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**AUTUMN EQUINOX 15K / 5K** – 7:30AM – Stone Tables area, White Rock Lake, Dallas. (214)821-0909 / [www.active.com](http://www.active.com).

**2008 TARRANT COUNTY HEART 5K Walk** – 9:00AM – Trinity Park, 2401 University Dr, Ft Worth. (817)698-5400 / 698-5421 / [www.americanheart.org/tarrantcountywalk](http://www.americanheart.org/tarrantcountywalk)

**AHA 3-MILE Walk** – 9:00AM – Victory Park, Dallas. (214)748-7212 / 712-1311 / <http://heartwalk.kintera.org/dallastx>

**MEMORY WALK 1 MILE** – 9:00AM – MSU/Sikes Lake Center, Wichita Falls. (817)336-4949 / (800)471-4422 / [www.alz.org/northcentraltexas](http://www.alz.org/northcentraltexas).

**MEMORY WALK 1.75 MILE** – 9:00AM – Indian Spring Park, Waco. (817)336-4949 / (800)471-4422 / [www.alz.org/northcentraltexas](http://www.alz.org/northcentraltexas).

**SPEAK UP FOR KIDS CASA 5K** – 8:00AM – Johnson Park in Marble Falls, TX. [www.casa5k.org](http://www.casa5k.org) & [www.highlandlakescasa.org](http://www.highlandlakescasa.org)

1976 Olympic Gold Medalist, UT football legend, & former New York Jets wide-receiver, Johnny “Lam” Jones, and former UT football great and Big Country Hall of Fame inductee, Johnny “Ham” Jones will be Official Ribbon Cutters

Special performances at the Outdoor Pavilion from 9am-noon.....classic rock & jazz band, “Daniel Conti with Drawing Back”, will perform live at Outdoor Pavilion, noon – 3pm

**HEROES FOR CHILDREN 5K / 1 MILE** – 7:45AM – Shops at Legacy, Plano. \$20/\$22/\$25 (\$10/\$12/\$15 for 0 - 12) by 9/6 [www.heroesforchildren.org](http://www.heroesforchildren.org). Benefits Heroes for Children -- financial assistance to families with children who have cancer.

**September 14 – Sunday**

**VIBHA DREAM MILE 2008** 10K / 5K run / 5K walk – 7:00AM – White Rock Lake (Tee Pee Hill), 3240 W. Lawther, Dallas. <http://dallas.vibha.org> Register at [http://www.active.com/page/Event\\_Details.htm?event\\_id=1600185](http://www.active.com/page/Event_Details.htm?event_id=1600185)

**FIREFIGHTER 5K Run** – 8:00AM – The Ballfields @ Craig Ranch, McKinney. (214)551-0205 / [www.ff5k.com](http://www.ff5k.com).

**September 20 – Saturday**

**THE PEACE RACE 2008** 4 MILE walk / run & 1K kid’s run. 8:00AM. TCU Soccer Fields. Benefits: the Peace Alliance. [www.thepeacerace.com](http://www.thepeacerace.com)

**JUDY K. SKINNER MEMORIAL RUN** 5K – 7:00AM – St. Andrew Church, 3717 Stadium Dr, Fort Worth. Benefits: the St. Andrew school.

**HARVEST 5K/ 1 MILE** – 8:00AM – St. Matthew Cumberland Presby., 380 NW Tarrant, Burleson. (817)295-5832/ 295-0729/ [www.stmattcpc.org](http://www.stmattcpc.org)

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**JACKRABBIT 5K** – 8:30AM – , Downtown, Graford, \$12/\$15. Kay Bridges (940)779-2636 / Kay Ragle 664-5631 / Robert Ray 664-2012 / Graford School 664-3161. Benefits 4-H and FFA projects at the County Livestock Show & Fair.

**ADDISON'S OKTOBERFEST 5K/ RUN FOR THE CHILDREN 1 MILE** – 8:00AM – Addison. (214)987-4662 / [www.oktoberfest5k.com](http://www.oktoberfest5k.com)

**RACE FOR HOPE 5K Run/Walk** – 8:00AM – Katy Trail, Dallas. (972)438-6900 / [www.altius.org/raceforhope.html](http://www.altius.org/raceforhope.html).

**KA SMU "RACE FOR THE SKILLET" 5K** – 9:00AM – KA House, SMU, Dallas. <https://secure.getmeregistered.com>

**CANDLELIGHTERS NIGHT RUN 5K / 1K** – 7:45PM – **CANCELLED for 2008**  
[scott@uptg.com](mailto:scott@uptg.com) / [www.candlelightersfw.org](http://www.candlelightersfw.org).

**RUN IN THE DARK 5K/ 1 MILE** – 7:00PM – City Hall, 1100 Bear Creek Pkwy, Keller. (817)431-3340 / [www.communitystorehouse.org](http://www.communitystorehouse.org)

**TOUR DES FLEURS 20K / 10K** – 7:30AM – Dallas Arboretum, White Rock Lake, Dallas. (214)476-8580 / [www.tourdesfleurs.com](http://www.tourdesfleurs.com)

**N. TEXAS "WALK FOR PKD" 2K / KIDS' WALK** – 9:00AM – Rustin City Park in Southlake Town Square, Hwy 1709, Southlake. (817)454-3184 / 488-6650 / [www.pkdcure.org](http://www.pkdcure.org).

**PINK IN THE SQUARE 4K Walk/Stroll** – 8:00AM – 1110 W. Main St., Carrollton. (972)242-4490 / [www.active.com](http://www.active.com).

**NAT'L PSORIASIS WALK FOR AWARENESS 5K/ 1K** – 9:00AM – River Legacy Parks, Arlington. (800)723-9166/ [www.psoriasis.org/dallaswalk](http://www.psoriasis.org/dallaswalk).

**MCGREGOR FOUNDERS' DAY 5K / KIDS' K** – 7:30AM – First UMC at 5th & Madison, McGregor, TX, \$17/\$20 by 9/13 (254)840-0123 / [www.mcgregor-texas.com/foundersday.htm](http://www.mcgregor-texas.com/foundersday.htm). Benefits Founders' Day celebration. \$\$CASH AWARDS \$\$

**MARATHON KIDS KICKOFF 1 MILE** – 10:00AM – Loos Stadium, 3815 Spring valley Rd., Dallas. FREE. [terry@marathonkids.com](mailto:terry@marathonkids.com) / [www.MarathonKids.com](http://www.MarathonKids.com).

**KIDNEY WALK 2007 3 MILE / 1 MILE** – 9:00AM – Trinity Park, Fort Worth, Min. of \$50 for a T-shirt. (214)351-2393 / [www.kidneywalk.org](http://www.kidneywalk.org). Benefits the National Kidney Foundation serving North Texas.

**WALK WITH US TO CURE LUPUS 5K** – 10:00AM – Lone Star Park, Grand Prairie. Pledges. (866)925-5257 / (800)867-1743 // (212)898-2840 / [www.lupusresearch.org](http://www.lupusresearch.org). Benefits scientific research to prevent, treat and cure Lupus, a deadly autoimmune disease

**MEMORY WALK 1.75 MILE** – 9:00AM – Nelson Park, Abilene. Pledges, \$100+ for a T-shirt. (325)672-2907 / (800)471-4422 / [www.alz.org/northcentraltexas](http://www.alz.org/northcentraltexas). Benefits the Alzheimer's Association.

**THE 'MS' WALK 5K** – 9:00AM – Carl Levin Park, Harker Heights, Killeen. Pledges (Min. of \$100 for a T-shirt). (214)373-1400 / [www.walkmstexas.org](http://www.walkmstexas.org) Benefits MS (Multiple Sclerosis) programs.

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**September 21 – Saturday**

**AUSTIN MARATHON RELAY** (5 person Marathon Relay Race benefiting Junior Achievement) – 8:00AM – Auditorium Shores, Austin, TX. 5 person Marathon Relay Race benefiting Junior Achievement.  
<http://www.austinmarathonrelay.com/> <<

**September 27 – Saturday**

**3<sup>rd</sup> ANNUAL BILL McDONALD 10K/5K/1MILE FUN RUN** 7:45AM McDonald Community YMCA, 2400 East Berry Street, Fort Worth. [www.mcdonaldymcafw.org](http://www.mcdonaldymcafw.org)

**PECAN FESTIVAL RUN 5K / 1K** – 8:00AM – Katherine Rose Memorial Park, Mansfield. \$15/\$20 by 9/15 (@10 for grp of 5+). Ch of Commerce (817)473-0507 / [lucretia@mansfieldchamber.org](mailto:lucretia@mansfieldchamber.org) / [www.mansfieldchamber.org](http://www.mansfieldchamber.org). Benefits a variety of Mansfield Ch of Commerce activities & is in memory of Meredith Hatch.

**WILD, WILD WEST FEST 5K / 1 MILE Family Fun Run** – 8:00AM – Town Hall, Keller. \$15/\$20 by 9/22 (\$10/\$15 for 1 Mile). Josh Fuller (817)743-4302 / [www.kellerparksandrec.org](http://www.kellerparksandrec.org). Benefits Christ's Haven for Children & Families for Effective Autism Treatment of North Texas.

**JUMPSTART YOUR FALL RUN 4 FUN 5K / 1 MILE** – 8:00AM – Guyer High School, Denton. \$15/\$20 by 9/22 (\$35 for grp of 3+). (940)765-6581 / [www.active.com/event\\_detail.cfm?event\\_id=1619298](http://www.active.com/event_detail.cfm?event_id=1619298) Benefits Denton ISD Athletics Dept.

**AUTUMNFEST 5K / 1 MILE** – 8:30AM – St Catherine of Siena Church, Carrollton, \$17/\$20 by 9/20 (\$15/\$17 for 14 & under). (972)492-3237 / [www.stcatherine.org/specialevents](http://www.stcatherine.org/specialevents). Benefits St. Catherine of Siena Church building fund.

**RACE JUDICATA 5K Fun Run** – 9:00AM – SMU, Dedman School of Law, Hillcrest & Daniel, Dallas. \$20 (Race day regr only). (214)768-2553. Benefits American Stroke Association.

**“GOOSENECK” BILL McDONALD 5K / 1 MILE Run/Walk** – 7:45AM – McDonald Community YMCA, 2400 E. Berry, Fort Worth. \$20/\$25 by 9/20. (817)531-2738 / [www.mcdonaldymca.org](http://www.mcdonaldymca.org). Benefits McDonald YMCA Step Up for Kids Campaign.

**ROOF DOG RUN 5K / 1 MILE** – 8:00AM – Christ Episcopal Church, 4550 Legacy Dr, Plano. \$20/\$25 by 9/14 (\$10/\$12 for 6-15). (214)291-5028 / [www.ChristChurchPlano.org](http://www.ChristChurchPlano.org) / [www.active.com](http://www.active.com). Benefits an orphanage in Peru.

**RUN FOR SHELTER 15K / 5K / 1 MILE** – 7:30AM – Dreyfuss House, White Rock Lake, Dallas. \$20/\$25 by 9/23 (\$15/\$15 for 0-13). (214)597-8570 / [www.austinstreet.org](http://www.austinstreet.org). Benefits the Austin Street Centre (for the homeless).

**WALK TO BREAK THE SILENCE ON OVARIAN CANCER 5K / 1M Fun R/W** (Formerly known as the **WALK FOR THE WHISPER**) – 8:30AM – Baylor Regional Med Ctr, Grapevine. \$25/\$30 (\$15/\$20 for 4-12; \$20/pers for grps of 10+) by 9/6. (817)359-9072 / [www.dfwovarian.org/walk\\_for\\_the\\_whisper.html](http://www.dfwovarian.org/walk_for_the_whisper.html) Benefits National Ovarian Cancer Coalition; ovarian cancer awareness and education. Post-race expo!

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**PLANO PACERS 5 MILE FLING / 1 MILE** – 8:00AM – Harrington Park, 16th & 75 (behind Spaghetti warehouse), Plano, \$0/\$5 mem/nonmem. (972)967-PACE (7223) / [www.planopacers.org](http://www.planopacers.org).

**WALK TO CURE DIABETES 5K** – 9:00AM – Victory Plaza, American Airlines Center, Dallas.

9:00AM WALK TO CURE DIABETES 5K, Granite Park, Plano.

Pledges, \$100+ for a T-shirt. Tressa Sanderson (214)373-9808 / [www.jdrf.org](http://www.jdrf.org).

Benefits Juvenile Diabetes Research Foundation, Greater Dallas Chapter.

**WALK FROM OBESITY 3 MILE / 1 MILE** – 9:00AM – Dutch Branch Park, Benbrook.. \$25. (817)370-5995 / [www.walkfromobesity.com](http://www.walkfromobesity.com). Benefits Am Soc for Bariatric Surgery Foundation for educ. about & treatment of obesity.

**MEMORY WALK 1 MILE** – 9:00AM – Weatherford College, Weatherford. Pledges, \$100+ for a T-shirt. (800)471-4422 / [www.alz.org/northcentraltexas](http://www.alz.org/northcentraltexas). Benefits the Alzheimer's Association.

**THE 'MS' NEXTBANK 5K Run / 5K Walk** – 8:00AM – Cameron Park, Waco. Post-event entertainment. \$25 for 5K Run/Walk / Pledges for Walk (Min. of \$100 -> a T-shirt). (214)373-1400 / [www.walkmstexas.org](http://www.walkmstexas.org). Benefits MS (Multiple Sclerosis) programs.

**GREAT STRIDES WALKATHON 5K** – 9:00AM – Bergfeld Park, Tyler. Pledges (Min. of \$100 for a T-shirt). (903)597-6237 / [www.cff.org](http://www.cff.org). Benefits Cystic Fibrosis research.

**MEMORY WALK (almost) 3 MILE** – 9:00AM – Hilltop Haven, Gunther. Pledges, \$100+ for a T-shirt. (214) 827-0062 / 540-2411 / (800)272-3900 / [www.alzdallas.org](http://www.alzdallas.org). Benefits the Alzheimer's Association.

**RACE FOR THE CURE 5K (Coed) / 1 MILE (Coed)** – 8:30AM – Grant Park, Chicago, IL. (773)444-0061 / [www.chicagoraceforthe cure.org](http://www.chicagoraceforthe cure.org). Benefits Susan G. Komen breast cancer research & cure effort.

**September 28 - Sunday**

**CARROLLTON RUNNERS 5K / 1 MILE** – 7:30AM – McInnish Park, Carrollton, \$6.

**LAKE TAHOE MARATHON/ HALF MARATHON/ 20 MILE Power Walk/ 10K** – 8:00AM – Lake Tahoe, CA. (530)544-7095 / 541-1873 / [www.LakeTahoeMarathon.com](http://www.LakeTahoeMarathon.com).

**QUAD CITIES MARATHON / HALF MARATHON / 5-Person RELAY / 5K** – 7:30AM – Moline, IL. (309)751-9800 / (800)747-7800 / [www.qcmarathon.org](http://www.qcmarathon.org). Helps raise prostate cancer awareness and education.

**SCOTIABANK TORONTO WATERFRONT MARATHON / HALF / 5K** – 7:30AM – Toronto, ON, CANADA. [www.torontowaterfrontmarathon.com](http://www.torontowaterfrontmarathon.com). Benefits a variety of Toronto charities.

**September 30 - Tuesday**

**TCRC PREDICTION RUN 5K** – 7:00PM – Five Star complex, 4100 Blair Oaks, The Colony. FREE. [www.tcroadrunners.org](http://www.tcroadrunners.org).

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**October 04 - Saturday**

**FALL BREAKAWAY 5K** – 9:00AM – Amon Carter Stadium, TCU, Fort Worth. (817)877-5891 / [www.speakupforachild.org](http://www.speakupforachild.org).

**WHITE BUFFALO STAMPEDE 5K/ 1K** – 8:30AM – Court House Square, Snyder, TX. (325)573-3558 / [www.whitebuffalostampede.com](http://www.whitebuffalostampede.com).

**VINEYARD RUN 5K** – 8:30AM – Delaney Vineyards, 2000 Champagne, Grapevine. (972)235-2513/ [www.vineyardrun.com](http://www.vineyardrun.com).

**DRC THE LOOP 15K / 5K / 1K** – 8:00AM – Winfrey Point, White Rock Lake, Dallas. (214)432-6619.

**SICKLE CELL WALK/RUN A-THON 5K** – 8:00AM – River Legacy Parks, Arlington. (214)454-7529 / 477-6770.

**MEMORY WALK 2.2M** – 9:00AM – The MAC, UTA Campus, 500 W. Nedderman, Arlington. (817)336-4949 / [www.alz.org/northcentraltexas](http://www.alz.org/northcentraltexas).

**FACES REMEMBERED 2K Walk/Run** – 9:00AM – White Rock Lake, Flagpole Hill run site, Dallas. (214)421-4ASG(4274) / [www.asistersgift.org](http://www.asistersgift.org).

**AHA 3-MILE Walk** – 9:00AM – North Lakes Park, Denton. (214)748-7212 / 712-1311 / <http://heartwalk.kintera.org/dentontx>

**GREAT STRIDES WALKATHON PERMIAN BASIN 5K** – 8:00AM – Memorial Gardens, Odessa. (214)871-2222.

**BARE AS YOU DARE X-C 5K Run/Walk** – 1:00PM – Bluebonnet Naturist Resort, Decatur, TX. (940)627-2313 / [www.bareasyoudare.com](http://www.bareasyoudare.com).

**MOUNT RUSHMORE MARATHON/ RELAY/ HALF/ 5K** – 7:00AM – Black Hills to Rapid City, SD. [www.mountrushmoremarathon.com](http://www.mountrushmoremarathon.com).

**TRINITY BRIGHT HALLOWEEN 5K** – 8:00AM – Trinity Park, 2300 West 7th Street, Fort Worth, TX 76107, at the Shelter House. USATF certified course (# TX04035ETM). For more info:

<http://www.trinitybrighthalloween5k.com/trinitybrighthalloween5k/index.html>

**October 04 / 05 – Sat / Sun**

**SPIRIT OF SURVIVAL MARATHON** – 7:30AM – Wichita Mountains Wildlife Refuge, OK. The **ONLY** USATF certified race approved to run through one of the nation's 547 Wildlife Refuges!

<http://www.spiritofsurvival.com/>

**October 05 - Sunday**

**LOST DOG 20K / 5K** – 7:30AM – Bath House, White Rock Lake, Dallas. (214)821-0909 / [www.thrustonracing.com](http://www.thrustonracing.com)

**BURLESON RUNNERS BACK TO BASICS 5K / KIDS' 1K** – 4:00PM – Burleson Community Cntr, Burleson. (817)496-3734.

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**October 09 - Thursday**

**THE LONG RUN 5K / 1 MILE** – 6:00PM – J.L. Long Middle School, 616 Reiger Ave, Dallas. (214)766-7021 / [www.getmeregistered.com](http://www.getmeregistered.com).

**October 11 - Saturday**

**13th MISSION FUN RUN 5K** – 8:30AM – Cedar & Broad Streets, downtown Cedar Hill, \$15/\$20 (\$30/\$40 per family) by 10/06. (972)293-0549 / (972)896-9625 / [www.fumcch.org](http://www.fumcch.org) / [www.active.com/](http://www.active.com/).

Benefits mission programs of the First United Methodist Church of Cedar Hill. Gracing the streets of Cedar Hill for 13 years and counting

**MOVIN' WITH MCLEAN 5K** – 8:00AM –, McClean Middle School, 3816 Stadium Dr, Fort Worth. (817)808-8485 / (817)996-9690.

**LAKE JOE POOL PUMPKIN RUN 10K/ 5K/ 1M** – 8:30AM – Lynn Creek Park, Lake Joe Pool, Grand Prairie. (972)237-8084 / 264-2244. Register online at [www.active.com](http://www.active.com)

**KURE FOR KAT 5K / 1MILE** – 9:15AM – Southlakes Park, Denton. \$20/\$25 by 10/10 (940)382-2434 / <http://www.umdf.org/kureforkat>

**MPS RUN FOR THEIR LIVES 5K / FUN Run/Walk** – 8:30AM – Trinity Trails. Fort Worth. (937)367-3347 / [www.mpsrun.net](http://www.mpsrun.net).

**DASH FOR DIGNITY 5K** – 8:30AM – Winfrey Point, White Rock Lake, Dallas. (214)637-2911 / [www.cdcdallas.org](http://www.cdcdallas.org)

**THE TYLER HALF / 5K** – 8:00AM – Univ of TX at Tyler, Tyler. (972)235-2513 / [www.tylerazalea10k.com](http://www.tylerazalea10k.com)

**LIGHT THE NIGHT WALK 2-3 MILE** – 7:00PM – Rose Rudman Trail, Tyler. Pledges. (972)354-8300 / [www.lightthenight.org/ntx](http://www.lightthenight.org/ntx).

**LIGHT THE NIGHT WALK 2-3 MILE** – 7:00PM – Sundance Square, Fort Worth. Pledges. (972)354-8300 / [www.lightthenight.org/ntx](http://www.lightthenight.org/ntx).

**PAYTON'S HOPE AND HEARTS RUN 2008** – 7:30AM – Audubon Park/Duck Creek Greenbelt Trail, 342 W Oates Rd., Garland, TX 75043. For more info: <http://hopeandheartsrn.org/texas/>

**HANDLEY MEADOWBROOK LIONS xSIGHTment 5K RUN** – 7:30AM – Historic Handley Street Fest & Car Show, 2008 in Fort Worth, TX at Lancaster Avenue near Handley Drive. For more information, call Greg Fox, Lions Program Chair at 817-791-7164 between 6 pm to 8 pm daily or go to

[www.getmeregistered.com](http://www.getmeregistered.com) for registration forms and race updates. This running event will directly benefit the following sight related charities; Lighthouse for the Blind, Prevent Blindness Texas, Leader dogs for the Blind, Lions Organ and Eye Bank, and the Blind VA Recipients.

**SARAH'S CURE 5K** – 8:00AM – On the Square in downtown Decatur. Concert & silent auction at Decatur Civic Center with Bleu Edmondson, No Justice, Max Stalling, Tommy Alverson & J.D. Clark. Benefits the search to find a cure for galactosemia. <http://www.sarahscure.com/>

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**October 12 - Sunday**

**LASALLE BANK CHICAGO MARATHON** – 7:55AM – Grant Park, Chicago, IL. (888)243-3344 / [www.chicagomarathon.com](http://www.chicagomarathon.com).

**October 14 - Tuesday**

**PLANO PACERS PREDICTION RACE 5K** – 7:00PM – Schimelpfenig Library, 5024 Custer, Plano. (972)967-7223 / [www.planopacers.org](http://www.planopacers.org).

**October 18 – Saturday**

**2<sup>nd</sup> ANNUAL SKI RUN ROAD CHALLENGE** 20K High Altitude Challenge (solo or team relay race). USATF Certified. 8:00AM. Eagle Creek Sports Complex, Ruidoso, NM. Benefits: Ski Apache Disabled Skier Program. <http://www.skirunroadchallenge.com/>

**FORT WORTH YMCA TRINITY TROT 2008** – 8:00am – Trinity Commons Shopping Center, 3000 South Hulen Street, Fort Worth. For more info [www.trinitytrot.org](http://www.trinitytrot.org)

**RAW 9<sup>th</sup> ANNUAL DOUBLE TROUBLE 5K / 10K** – 8:00AM – Oak Grove Park, Grapevine. \$100 cash bonus to male/female who wins overall in both 5K and 10K races. Courses are USATF certified. First 300 who register before race day will receive a 9th Annual Double Trouble running tech shirt. All others will receive the traditional T-shirt. Register online at <http://www.Active.com> or at Luke's Locker in Colleyville, 5505 Colleyville Blvd. Packet pick-up is at Luke's Locker on Oct. 16-17 starting at 7 a.m. See website at <http://www.runnersandwalkers.com/doubletrouble2008.htm>

**2008 St. VINCENT'S CHILI TROT** – 8:30AM – St. Vincent's Church and School, 1300 Forest Ridge, Bedford, TX. You can register at [http://www.active.com/event\\_detail.cfm?event\\_id=1641158](http://www.active.com/event_detail.cfm?event_id=1641158)

## *Fort Worth Runners Club Area Race Calendar*

**October 23 - Thursday**



### **PARTY IN THE VILLAGE**

6:30PM

University Park Village, Fort Worth.

<http://www.streamsandvalleys.org/id3.html>

**JOIN the PARTY!**

### **Run. Walk. Stroll.**

3.4 miles along the Trinity River or the Mini-Mile for kids, dogs and leash holders

\*\* Dogs welcome in 3.4 mile, but awards are limited to the Mini-Mile \*\*

### **Party.**

Live music, great food from local restaurants, beer, wine & lots of fun

### **Kinderplatz on the River.**

Explore, discover and create in this area designed especially for the river's youngest friends.

### **The Paw Pad.**

Fido and friends will find their own place to party sponsored by Tim's Landscape, Inc and Marshall Grain Co.

**October 25 - Saturday**

**FITNESS CHALLENGE 5000 5K / Fun Run/Walk** – 8:00AM – Beth Race Elementary, Crowley.  
(817)297-5080 / [www.active.com](http://www.active.com).

**FOUR SEASONS COOL OCTOBER 10K/ 5K/ 1M** – 9:00AM – Four Seasons Resort & Club, Las Colinas. (972)717-2441/ [www.runontexas.com](http://www.runontexas.com)

**SPIRIT OF CHRISTMAS FUN RUN 5K/ ELF 2K R/W** – 8:00AM – VFW, Main Street, Lake Dallas.  
(940)321-4807/ [www.lcspiritofchristmas.org](http://www.lcspiritofchristmas.org).

**D.O. DASH 2008** – 8:00AM – UNTHSC Clifton St. Parking Garage, located at 3500 Camp Bowie Blvd, Fort Worth. For more info [www.dodash2008.com/](http://www.dodash2008.com/) or register online at [www.fwrunco.com/](http://www.fwrunco.com/)

**EVERY STRIDE 5K / 10K** – 9:00AM – Candlestone Golf Resort, 8100 Storey Rd, Belding MI. For more info: [www.mirunning.com](http://www.mirunning.com). A portion of all registrations is going to the Helen DeVos Children's Hospital.

**COWTX RUNNING SCARED 5K / 1K FUN RUN** – 9:00AM – Community Center, 7901 Indian Springs Road, Watauga, TX. 817-514-5893 / <http://www.cowtx.org/recreation/special.htm>. Partly benefits Salvation Army Hurricane Ike Relief effort and kicks off Halloween Bash Week.

## *Fort Worth Runners Club Area Race Calendar*

### **October 24-25 Fri-Sat**

**THE MyoMed RAGNAR RELAY TEXAS** (196-mile, 12-person relay race beginning in San Antonio and ending in Austin)

- You and 11 of your closest friends running day and night, relay-style, through some of the most scenic terrain North America could muster. Add in live bands, inside jokes and a mild case of sleep deprivation.
- Teams that register before September 30th will receive the Early Registration price, a \$180 value as well as a free NordicTrack warm-up jacket and pant for the team captain.
- Sign-up is simple just go to our website [www.ragnarrelay.com/](http://www.ragnarrelay.com/) and while registering enter the promo code TXRC08 for the early registration price and for your free warm-up suit.

### **October 26 – Sunday**



#### **FWRC BOOGIE WOOGIE SPOOKY 5K RUN**

8:00 AM

Registration @ Race Site & also at

[http://www.active.com/event\\_detail.cfm?event\\_id=1637065](http://www.active.com/event_detail.cfm?event_id=1637065)

River Plaza Building Parking Lot

1701 River Run, Fort Worth (South parking lot).

More info at [www.fwrunners.org](http://www.fwrunners.org)

### **DISCLAIMER**

This race calendar has been compiled well in advance of the event dates listed from multiple sources. The dates and times are subject to change. The FWRC cannot be held responsible for misinformation. Always check with the contacts listed or stop by your local running store and pick up an entry form.

Please submit race events to [jephaa@yahoo.com](mailto:jephaa@yahoo.com) & the FWRC at [fwrcweb@gmail.com](mailto:fwrcweb@gmail.com)