

**Fort Worth Runners Club**  
**Area Race Calendar**

Races outside DFW area in **DARK RED**.

**January 3 – Saturday**

**JIGGLE BUTT RUN** – 9:00 AM – 5K Fun Run/ Walk for Women to promote health and fitness for all ages and abilities. River Legacy Park in North Arlington, TX. Registration on <http://www.active.com> or on site race day at 8:30 a.m. Refer to [www.jigglebuttrun.com](http://www.jigglebuttrun.com) for more complete information

**January 13 – Tuesday**

**PLANO PACERS PREDICTION RACE 5K** – 7:00 PM – Schimelpfenig Library, Custer & Country Club, Plano, NO ENTRY FEE. (972)967-PACE (7223) / [www.planopacers.org](http://www.planopacers.org).

**January 17 – Saturday**

**THE reMARKable FOUNDATION 5K / 1K Fun Run** – 8:00 AM – River Legacy Parks, Arlington. \$20. (T-shirt guaranteed by 1/08). (817)300-1234 / [www.remarkablefoundation.org](http://www.remarkablefoundation.org). Benefits The Remarkable Foundation for Mark Evans, a quadriplegic from a motorcycle accident.

**RESOLUTION RUN 5K Run/Walk & 4-LEGGED FRIEND WALK** – 9:00 AM – Market Place at Highland Village Office Suites, Highland Village. \$22/\$15/\$25 Adult/Sudent/Dog Walk. (972)317-7430 / [www.terrafirmapromo.com/events/resolution](http://www.terrafirmapromo.com/events/resolution). Benefits Highland Village Trail System.

**TOO COLD TO HOLD 15K / 5K** – 8:30 AM – Winfrey Point, White Rock Lake, Dallas, \$25/\$30/\$40 by 1/7. (214) 821-0909 / [www.runontexas.com](http://www.runontexas.com) / [www.active.com](http://www.active.com). Benefits Protective Animal League.

**January 18 – Sunday**

**BERMUDA MARATHON / HALF MARATHON, BERMUDA.** – 8:00 AM – (800)444-4097 / [www.marathontour.com](http://www.marathontour.com)

**HOUSTON MARATHON / HALF MARATHON / 5K** – 7:00 AM – G R Brown Convention Center, Houston. (713)957-3453/ [www.chevronhoustonmarathon.com](http://www.chevronhoustonmarathon.com). Benefits several Houston charities.

**ROCK 'N' ROLL MARATHON/ 1/2 MARATHON** – 7:30 AM – Phoenix/Scottsdale/Tempe, AZ. (800)311-1255 / [www.rnraz.com](http://www.rnraz.com).

**FROSTY'S FROZEN FIVE & TEN** – 10:00 AM – Chatfield State Park, Littleton, CO. Frosty's Frozen Five & Ten is a 5M and 10M running and walking event at Chatfield State Park. It is the second race in the Winter Distance Series. For more info: [www.winterdistanceseries.com](http://www.winterdistanceseries.com)

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**January 19 – Monday**

**MLK DAY & DREAM 5K Run/Walk** – 10:00 AM – Elm Grove Pavilion, River Legacy Parks, 701 NW Green Oaks Blvd, Arlington, TX 76006. \$8/\$10 by 1/14 + School supplies for AISD's Blanton Elementary School. No T-shirts, but a small, scholarly memento. Mile markers! 3-deep performance awards, 5-yr age groups incl. 8 & under AND 80 & over, PLUS "souls & soles" awards The awards ...simple..special. Complete results on the Web. (817)265-4578 / [jephaa@yahoo.com](mailto:jephaa@yahoo.com) / [www.active.com/event\\_detail.cfm?event\\_id=1657130](http://www.active.com/event_detail.cfm?event_id=1657130) / [www.runningintheusa.com/jeph](http://www.runningintheusa.com/jeph). Net proceeds benefit AISD's Blanton Elementary School. Another beautiful, relatively flat & fast, mostly tree-shaded & accurate trail course in Arlington.

Our races always offer a relatively inexpensive and the unalloyed joy of unencumbered, reckless-abandon running/walking – meticulously & professionally produced with very robust & inclusive award brackets-- for free spirits & social activists who embrace our at-once simple but complex humanity and are moved to celebrate and share the ethos, excitement, substance & wonder of their existence with fellow humankind! Come join us!

**January 24 – Saturday**

**AMERICAN HERITAGE ACADEMY (AHA) RUN FOR THE CHILDREN 5K** – 8:00 AM – AHA, 2660 E. Trinity Mills, Carrollton. \$20/\$25 by 1/17. (214)684-1296 / [www.aha5k.com](http://www.aha5k.com). Benefits AHA Senior Class trip to and work at Nicaragua Family Village Orphanage.

**January 25 – Sunday**

**FWRC EINSTEIN RUN 10K** – 8:00 AM – Trinity Park Pavilion #3 – :00 M – at the intersection of Trinity Park Dr and River Dr, Fort Worth. \$8/\$12 mem/nonmem. (817)654-5390 / [www.fwrunners.org](http://www.fwrunners.org).

**RESOLUTION RUN 10K/ 5K/ 1K** – 7:30 AM – Stonebridge Ranch, McKinney. (214)726-9886 / [michhudd@sbcglobal.net](mailto:michhudd@sbcglobal.net) / [www.active.com](http://www.active.com).

**CARROLLTON RUNNERS 5K / 1 MILE** – 7:30 AM – McInnish Park, Carrollton, \$6. James Gabhart? / [director@carrolltonrunners.com](mailto:director@carrolltonrunners.com).

**ING MIAMI MARATHON / HALF MARATHON / 5K** – 6:00 AM – Miami, FL. (305)278-8668 / [www.ingmiamimarathon.com](http://www.ingmiamimarathon.com). Benefits a variety of Miami charities, incl. ING Run for Something Better Orange Laces111.

**CARLSBAD MARATHON/ HALF** – 6:00 AM – Carlsbad – :00 M – CA. (760)692-2900 / [www.carlsbadmarathon.com](http://www.carlsbadmarathon.com).

**TCRC PREDICTION RUN 5K** – 7:00 PM – Five Star Complex, 4100 Blair Oaks, The Colony. FREE. [www.tcroadrunners.org](http://www.tcroadrunners.org).

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**January 31 – Saturday**

**9th ANNUAL FILLIE TROT 10K / 5K / 1 MILE** – 8:30 AM – Oak Grove Park, Lake Grapevine, 2500 North Dove Loop, Grapevine, TX 76051. 817-909-5507 /

[HTTP://www.active.com/event\\_detail.cfm?event\\_id=1631906](http://www.active.com/event_detail.cfm?event_id=1631906). Benefits the 10-time Nat'l Champion Grapevine High School Fabulous Fillies.

**LAKE BENBROOK HALF MARATHON / 5K** – 8:30 M – Winscott Rd & Hwy 377S, Benbrook, \$20/\$25 – 5K; \$25/\$30 –Half by 1/24.(817)738-7475/ [polanskyrunning@sbcglobal.net](mailto:polanskyrunning@sbcglobal.net) /

[www.runtimeracingservices.com](http://www.runtimeracingservices.com). Cert. courses. Benefits Benbrook Youth Softball & Baseball Association. Award to the school with most registrants. \$ CASH AWARD \$ (- the Half)

**DRC TAL MORRISON CLASSIC 15K / 5K** – 8:00 AM – Winfrey Point, White Rock Lake, Dallas. \$0/\$10 mem/nonmem. Alice Cortez – RD. (214)432-6619 / [www.dallasrunningclub.com](http://www.dallasrunningclub.com).

**STRIDE AND RIDE 1 MILE** – 9:00 AM – Grapevine Mills, Grapevine, Pledges, min of \$85 (pays for 1 minute of research) gets a T-shirt. (972)480-0011 / [www.mdausa.org](http://www.mdausa.org). Benefits The Muscular Dystrophy Assoc.

**PLANO PACERS CLUB RACE** – 8:00 AM – Harrington Park, 16th & 75 (behind Spaghetti warehouse), Plano, \$0/\$5 mem/nonmem. (972)967-PACE (7223) / [www.planopacers.org](http://www.planopacers.org). USATF-cert course.

**February 1 – Sunday**

**BURLESON RUNNERS BACK TO BASICS 10K / 2 MILE / KIDS' 1K** – 3:00 PM – Burleson Comm. Cntr, Burleson. (817)496-3734.

**February 7 – Saturday**

**THE TEXAS HALF / 5K** – 8:00 AM – Winfrey Point, White Rock Lake, Dallas. (972)235-2513 / [www.texashalf.com](http://www.texashalf.com)

**28th B-RRRY SCURRY 4 MILE** – 12:00 PM – Clinton Community College, Clinton, IA. \$22 /\$25 by 1/30 (\$18 online by 1/30). Anne Schmidt (563)244-7050 / [www.eicc.edu/brrry](http://www.eicc.edu/brrry). New course. Benefits funds for B-rrry Scurry scholarships at Clinton Community College and the college in other areas. There will be a Beatles-related connection at this year's race!

**THE SEDONA MARATHON / HALF MARATHON / 5K** – 8:00 AM – Sedona, AZ. (800)775-7671/ [www.sedonamarathon.com](http://www.sedonamarathon.com).

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**February 8 – Sunday**

**MELBOURNE & BEACHES MUSIC MARATHON, 1/2 MARATHON & 5K – 6:45AM** – Melbourne is by the Atlantic Ocean in East Central Florida. Benefits the LIVESTRON Foundation and the Brevard Symphony Orchestra. Meet **Bill Rodgers** at the Expo & try to keep up with him in the Half Marathon! For more info, go to <http://www.themelbournemarathon.com/>

**February 10 – Tuesday**

**PLANO PACERS PREDICTION RACE 5K – 7:00 PM** – Schimelpfenig Library, Plano.(972)967-PACE (7223) / [www.planopacers.org](http://www.planopacers.org).

**February 14 – Saturday**

**HALTOM STAMPEDE 5K / 1M – 9:00 AM** – Haltom Recreation Ctr, 4839 Broadway, Haltom City.(817)831-6464/ [crussell@haltomcitytx.com](mailto:crussell@haltomcitytx.com).

**CUPID'S COUPLES RUN 5K / 1K – 8:00 AM** – Stonebridge Beach Club. McKinney. (214)726-8=9886 / [www.racechiptiming.com](http://www.racechiptiming.com)

**FRIGID FIVE 2009 – 9:00 AM** – Mitch Park, 2733 Marilyn Williams Drive, Edmond, OK. It's the romantic Valentine's Day 14th annual Frigid 5 mile run (and walk)kicking off the running season with a blast! Come join us for the coolest run of the year! Plenty of awards, another great techno-shirt, door prizes and great food/drinks inside the M.A.C. at Mitch Park. 1 mile children's run starts at 8:30 for kids 11 and under. <https://www.signmeup.com/site/reg/register.aspx?fid=K72VVK7>

**February 15 – Sunday**

**AUSTIN MARATHON / HALF MARATHON – 7:00 AM** – Austin. (512)476-7223 / (877)836-7223 / [www.youraustinmarathon.com](http://www.youraustinmarathon.com).

**February 21 – Saturday**

**GAY NOT GRUMPY, GLAD NOT SAD** (GAY is the Adjective for GAIETY) 5K, Arlington. (817)265-4578.  
**THE GAY (HAPPY) RACE 5K Run/Walk – 9:00 AM** – River Legacy Parks, 701 NW Green Oaks Blvd, Arlington, TX, 76006. 817-265-4578 / <http://www.runningintheusa.com/jeph> Benefits Girls Inc., “inspiring all girls to be strong, smart and bold”.

**MARDI GRAS 5K – 5:30 PM** – City Hall Plaza, 1500 Marilla, Dallas. (214)821-0909 / [www.mardigrasrun.org](http://www.mardigrasrun.org).

**CROSS TIMBERS TRAIL RUN 50M /MARATHON/ HALF / 5M – 6:30 AM** – Cedar Bayou Resort, Lake Texoma. (903)271-3586/ [www.nttr.org](http://www.nttr.org)

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**February 22 – Sunday**

**FWRC MARDI GRAS 5K** – 8:00 AM – Trinity Park Pavilion #3, Fort Worth (817)654-5390/  
[www.fwrunners.org](http://www.fwrunners.org).

**CARROLLTON RUNNERS 5K / 1 MILE** – 7:30 AM – McInnish Park, Carrollton.  
[director@carrolltonrunners.com](mailto:director@carrolltonrunners.com).

**HUSTLE UP THE HANCOCK VERTICAL MARATHON CLIMB 94 or 42 fs.** – 7:00 AM – Chicago, IL  
(312)243-2000 x200/ [www.lungchicago.org](http://www.lungchicago.org).

**February 24 – Tuesday**

**TCRC PREDICTION RUN 5K** – 7:00 PM – Five Star complex, 4100 Blair Oaks, The Colony. FREE.  
[www.tcroadrunners.org](http://www.tcroadrunners.org).

**February 28 – Saturday**

**CAMP EAGLE TRAIL RUNS** – 8:00 AM – Camp Eagle, 6424 Hackberry Rd. Rocksprings, TX 78880. The course is a big 12.5 mile (on the dot), crazy, scenic, and fun loop made up of a North Side (7 miles), and a South Side (5.5 miles), where you'll pass by the feed zone and spectator area between the two sides. We have Aid Stations every 2.5-3 miles along each side of the loop. Our races are known for being incredibly well-marked and incredibly well-supported. For more info, visit [www.campeagle.org](http://www.campeagle.org) or contact the race director, Chris McWatters, at 830.683.3530.

**31st COWTOWN ULTRA- 50K/ MARATHON/ HALF/ 10K/ 5K** – 7:30 AM – Sundance Square, Downtown, Ft Worth. (817)735-2033 / [www.cowtownmarathon.org](http://www.cowtownmarathon.org).

**LONGHORN CLASSIC 10K / 5K** – 8:00 AM – Cedar Hill High School, Cedar Hill. (972)291-6276

**PLANO PACERS CLUB RACE** – 8:00 AM – Harrington Park, Plano. (972)967-PACE (7223) /  
[www.planopacers.org](http://www.planopacers.org)

**March 7 – Saturday**

**MARY MOORE ELEMENTARY TEXAN TRAIL RUN** – 8:00 AM – 5500 Park Springs Blvd., Arlington, TX. All proceeds from the Texan run will benefit building a community track at Mary Moore Elementary.

[www.aisd.net/moore](http://www.aisd.net/moore)

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**March 14 – Saturday**

**Impossible | possibilities** INNAUGURAL ST. PATRICK'S DAY 5K FESTIVAL (5K run/family walk) – 2:00 PM – Trinity Trails located in downtown Fort Worth, Texas. Event will also consist of a kids' race, live music, and food & drinks for the entire family to enjoy. The organization will also host a golf tournament in conjunction with the 5K to be announced at a later date. For more info:

[http://www.impossiblepossibilities.org/index.php?option=com\\_content&task=view&id=77&Itemid=94](http://www.impossiblepossibilities.org/index.php?option=com_content&task=view&id=77&Itemid=94)

**ST. PATTY'S DAYS DASH DOWN GREENVILLE** – 8:30 AM – Central Market, Greenville Avenue & Lover's Lane, Dallas, TX. The annual DDG is more than just another 5k run as it is the kick off of Dallas' St. Patrick's Day celebration. The day includes great live music, incredible food and beverages, a wild parade, the opportunity to contribute to a worthy cause (The North Texas Food Bank) and that all adds up to great times for you, your friends and family. So what are you waiting for, sign up today!

<http://www.dashdowngreenville.com/>

**March 21 – Saturday**

**The Lake Granbury Medical Center - GRANBURY ROAD RACE** (5K and 10K) – 8:00am – Benefiting Hannah's House. 621 East Pearl St. Granbury, TX 76048. Both Courses are USATF certified and sanctioned. [www.cadenceraceproductions.com](http://www.cadenceraceproductions.com) Scott Pangle (817) 899-3681

**URBAN DARE AUSTIN** (5-7 miles) – Austin, TX. Kevin Keefe, 202-285-4510, [kkeefe@urbandare.com](mailto:kkeefe@urbandare.com) [www.urbandare.com](http://www.urbandare.com). Online reg - [http://www.active.com/event\\_detail.cfm?event\\_id=1592249](http://www.active.com/event_detail.cfm?event_id=1592249). Urban Dare is the race where smarts can beat speed. Teams of 2 solve clues to find checkpoints where they must take photos or perform dares. It's like a 1-day amazing race.

**Rock Solid Fun Run 5K and 1K** – 8:00 AM – Hulen Park, Cleburne TX. USATF certified and chip timed by RunTime. [www.easternheightschurch.org](http://www.easternheightschurch.org) Proceeds of this race go to the Rock Solid Youth Group. It will help youth attend camp as well as be put towards other youth projects.

**March 28 – Saturday**

**IC CRUSADERS RUN FOR EDUCATION** 5K Run/Walk and 1 Mile Fun Run – 9:00 AM – At Lone Star Park in Grand Prairie, TX. Benefiting the Immaculate Conception Catholic School in Grand Prairie. Pre-registration: Adults \$20.00/Students \$10.00. Race-day: Adults \$25.00/Students \$15.00. For more information and/or entry forms, please visit [www.icgrandprairie.org/school](http://www.icgrandprairie.org/school).

**2nd SPRING INTO ACTION 5K** Run/Walk – 9:00 AM – Texas Health Presby Hospital Kaufman, 850 Ed Hall Drive, Kaufman, TX 75142. (972)932-7263 / [CarolynWhitehurst@texashealth.org](mailto:CarolynWhitehurst@texashealth.org) / [www.runningintheusa.com/jeph](http://www.runningintheusa.com/jeph). Benefits Texas Health Kaufman's Women's and Children's' Services.

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**MS STAMPEDE & WALK** – 8 AM – Two locations: Fort Worth Community Arts Center and Addison Circle Park. For more info go to: <http://staging.nationalmssociety.org/chapters/TXH/fundraising-events/run-events/index.aspx>. Benefits the National MS Society.

**THE TYLER AZALEA 10K** – 8:00 AM – Bergfeld Park - Tyler, Texas. The Tyler Azalea 10k benefits *The Children's Village*. Over the past 20 years Children's Village has provided quality 24 hour, long term residential foster care for over 220 boys and girls from the Tyler area. For more info, go to <http://www.tylerazalea10k.com/Azalea.htm>

**THE BUTTERFLY BOOGIE** (5K / 10K) – 8:30 AM – Reverchon Park, Dallas, TX. NBC 5 Meteorologist Jennifer Lopez will serve as the Butterfly Boogie's race day emcee. Benefiting the World Craniofacial Foundation. For more info, go to <http://www.butterflyboogie.com/index.htm>

**DISCLAIMER**

This race calendar has been compiled well in advance of the event dates listed from multiple sources. The dates and times are subject to change. The FWRC cannot be held responsible for misinformation. Always check with the contacts listed or stop by your local running store and pick up an entry form.

Please submit race events to [jephaa@yahoo.com](mailto:jephaa@yahoo.com) & the FWRC at [fwrcweb@gmail.com](mailto:fwrcweb@gmail.com)