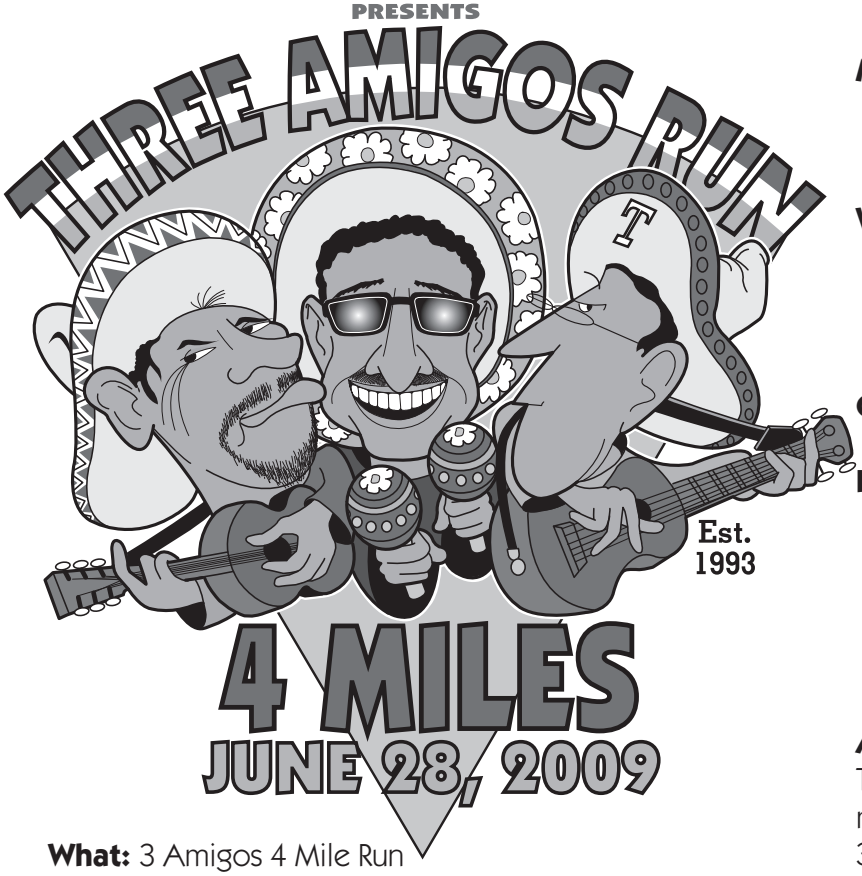
FORT WORTH RUNNERS CLUB
PRESENTS



What: 3 Amigos 4 Mile Run

When: June 28, 2009

Kid's FREE 1K.....7:45 A.M.

4 Mile Run Start.....8:00 A.M.

Where: By the North Parking Lot of the Fairfield Inn (rear) 1505 S. University Drive

Entry Fee:

Members.....$15.00

Non members.....$18.00

Race day.....$20.00 (everyone)

Mail In Registration:

RunTime Racing Services
3619 Byers Avenue
Fort Worth, TX 76107

Walk In Registration:

Fort Worth Running Company
5800 Camp Bowie Blvd.
Fort Worth, TX 76107
(817) 731-1760

Online Registration:

www.active.com

Packet Pickup:

Fort Worth Running Company
5800 Camp Bowie Blvd.
Fort Worth, TX 76107
(817) 731-1760
Friday June 26; 10:00 A.M. - 6:00 P.M.
Saturday June 27; 10:00 A.M. - 6:00 P.M.

Awards:

Top overall male/female and top overall male/female masters finishers. Awards to the top 3 male/female finishers in each of the following age groups; no duplication of awards:
0-14, 15-19, 20-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-64, 65-69, 70-74, 75-79, 80+

Race results to be posted at:

www.fwrunners.org

T-shirts Guaranteed to the 1st 150 Registered Runners

For Additional Information Call: 817-654-5390

MAKE CHECKS PAYABLE TO "FWRC"
Must Fill Out Registration Form COMPLETELY To Be In Results

Check No. _____ **Amount** _____ **(circle one) Sex: Male Female**

Last Name _____ **First Name** _____

Date of birth ___ / ___ / ___ **Where will you pick up your race packet (circle one) FW Running Company Race Site**

T-shirt size (circle one): Small Medium Large X Large XX Large (add $2)

Address _____ **Phone** _____

City _____ **State** _____ **Zip** _____

e-mail: _____

Waiver: " I know that running or walking a road race is a potentially dangerous activity. I should not enter and run or walk unless I am medically able and properly trained. I agree to abide by any decision of a race official relative to my ability to safely complete the run or walk. I assume all risks associated with running or walking in this event including, but not limited to: falls, contact with other participants, the effects of the weather, including high heat and/or humidity, traffic and the conditions of the road, all such risks being known and appreciated by me. Having read this waiver, and knowing these facts and in consideration of your accepting my entry, I, for myself and anyone entitled to act on my behalf, waive and release It's About Time, the City of Fort Worth, Fort Worth Runners Club and all sponsors, their representatives and successors from all claims or liabilities of any kind arising out of my participation in this event even though that liability may arise out of negligence or carelessness on the part of the persons named in this waiver. I grant permission to all the forgoing to use any photographs, motion pictures, recordings or any other record of this event for any legitimate purpose. Race will be held regardless of the weather conditions. Registration is final, no refunds."

Signature (parent or guardian if under 18) _____ **Date** _____